



# Runner's Guide

SATURDAY, AUGUST 5<sup>TH</sup>, 2023

Race starts at 7:30 am



## WELCOME

On behalf of the race directors, and all of us at Thanksgiving Point, we would like to thank you for participating in our Dino Dash 5k. We are confident you and your families will be safe during this event and wish you the very best on race day.

**PACKET PICKUP** 

**SCHEDULE OF EVENTS** 

**PARKING & ADDITIONAL INFO** 

**COURSE DESCRIPTION** 

**AWARDS** 

**CONTACT INFORMATION** 



## Packet Pick-up

Packet pick-up will be a drive thru on Friday, August 4th at the Ashton Gardens parking lot. Packet pick-up hours will be 12-8pm. *There is no packet pick-up on the day of the race.* 

You may pick up packets for other runners. Please have their full name and permission prior to doing so.

### **Each 5k registrant will receive:**

- Dino Dash Race T-Shirt
- Dino Dash 2023 Finisher's Medal (at finish line)
- Dino Dash 2023 Bib



# Schedule of Events SATURDAY, AUGUST 5<sup>TH</sup>, 2023

### **Runners Arrival** 6-7 am

#### **Official 5k Start Time**

7:30 am | Thanksgiving Point Ashton Gardens Visitor Center

#### **Music & Festivities**

6:45 am - 9 am

### **Awards Ceremony**

8:45 am | 5k main stage at Ashton Gardens



### **Additional Information**

#### **Parking**

Garden Drive will close to any traffic access from 7:15 - 8 am.

Please arrive by 6:45 am to get warmed up and ready to run. This will help the race start on time and make sure all cars are parked. We are asking runners of the same household to please carpool.

Watch for parking attendants.

#### **Aid Stations**

We wish to thank our numerous volunteers for their time and efforts in providing the following aid stations. Please be courteous and express your appreciation to this wonderful group of volunteers.

In addition to the finish area, the 5k will have one aid station at the half-way point stocked with water and Powerade in cups spaced out on a table.

Restrooms will also be available at the aid station.

#### **Spectators**

Spectators are more than welcome to come cheer you on! Spectators may not enter the Ashton Gardens, but there is space for spectators on the sidewalk on Garden Drive. Please remind any spectators to stay on the sidewalk and out of the road/race course.



## Racecourse Description 5k

The 5k course starts and finishes at the Ashton Gardens Visitor Center. The course runs through the Ashton Gardens during our Dinosaur Island display. The course is beautiful and moderately challenging; be prepared for some hills and occasional unpaved paths.

- \*Strollers are allowed on the 5k course
- \*\*Bikes, scooters, skateboards are **NOT** allowed participants must run/walk the course under their own power (excepting wheelchairs)
- \*\*\*Dogs are not allowed on the 5k course

The Dino Dash 5k is a chip timed event.





## **Awards and Divisions**

Note that the awards ceremony will only feature the winners in the Open Division.

#### **Open Division**

1st Place Male/Female: Award + Thanksgiving Point Family Membership

2nd Place Male/Female: Award + Thanksgiving Point Family Membership

3rd Place Male/Female: Award + Thanksgiving Point Family Membership

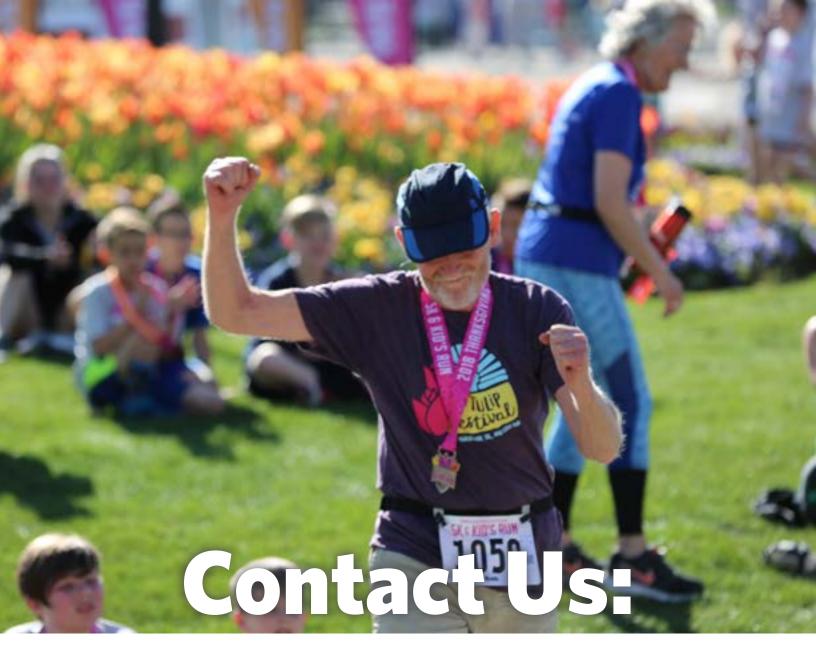
\* The first 3 places, Male & Female, will be determined by gun time.

ALL 5k finishers receive a custom finisher medal.

#### **Additional Awards:**

**Best Costume** 

**Best Group Costume** 



#### **Course Questions/Comments/Suggestions:**

Thanksgiving Point Signature Experiences sigexperiences@thanksgivingpoint.org

#### **Registration Questions/Issues Contact:**

info@thanksgivingpoint.org

#### **Volunteer Information:**

**Ashley Clouse** 

aclouse@thanksgivingpoint.org

Thanksgiving Point is a community-owned nonprofit garden, museum, and farm complex founded as a gathering place and gift to the community.

One hundred percent of race proceeds will benefit Thanksgiving Point's mission and education programs. Thank you for your support.